## Assertive Communication Workshop



**Join us** for a two–day workshop Wednesday

> July 13, 2016 9:00 a.m. – 1:00 p.m.

> > Thursday

July 14, 2016 12:00 p.m. – 4:00 p.m.

Brigham City Employment Center 138 W. 990 S. • Brigham City, UT

Attendees must come on time and attend both days.

Learn communication styles, how to be direct, listening skills, how to express thoughts and feelings, personal rights, how to power up your language in interviews, conflict management and positive and negative feedback strategies.

Please pre-register through your employment counselor or by contacting **Sandra Davis at 435-695-2642** or **Troy Lamb at 435-792-0312**.



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